



Client Consent Form: Use of Services at CMHC

By ticking and agreeing my given consent, and clicking the 'Send' button, I am indicating and confirming my understanding of the following information:

- You confirm that you are over 18 and have an awareness of what participation in counselling, coaching, group work, and other mental health support services involves and that there are potential risks.
- You are aware of and have read the privacy statement that is located on the CMHC website- <https://www.yorks.ac.uk/working-with-the-community/counselling-and-mental-health-centre/>
- Participation in Counselling, counselling psychology, support groups and other mental health services is voluntary and you are free to withdraw at any time without giving a reason (however you may still be charged for an unattended session if adequate notice is not given).
- Anonymised session data is collected, including but not limited to completed clinical measures, counsellor session notes, and possible recording of the session (for quality control and training purposes; this will be discussed in the first session). This data may be used in centre evaluation and research projects, including publications, by members of the CMHC team and within the University Counselling Clinics Consortium.
- The centre maintains confidentiality in accordance with GDPR (2018), the BACP Ethical Framework for the Counselling Professions (2016), and the UKCP Ethical Principles and Code of Professional Conduct (2009).
- There are limits to the afore mentioned confidentiality and this may be broken if: you threaten harm to yourself or others, if we believe a child or protected adult is at risk of harm or abuse, if instructed by court to give information, or if you share information regarding an act of terrorism or other illegal act. If confidentiality needs to be broken we will discuss this with you unless the situation requires us to act immediately e.g. safeguarding physical safety.
- The Centre is not a crisis or emergency service; however the centre can signpost you to another appropriate service.
- If you choose to have online/ telephone counselling, it is not the responsibility of CMHC to provide you with required equipment (Computer/ Telephone) or a private space.
- Once completed and sent, an electronic record of your referral will be made and stored in a secure password protected environment.
- You are aware of how to make payment through the CMHC website and that non-payment over three consecutive sessions could lead to counselling being stopped.